Southern California Association of Psychology Training Programs (SCAPTP) Meeting Minutes

June 1, 2020 10am-12pm Location: Zoom

Attendees:

Aileen Garibyan (Hillview)

Amy Warren (Child and Family Center)

Andrea Alfaro (Pacifica Graduate Institute)

Elleni Koulos (ULV CAPS) Giselle Collins (Did Hirsch)

Grace Kim (Azusa Pacific University) Shuka

Jahromifar (Hillview)

Holly Morrell (Loma Linda Univ) Humberto Hernandez (Cerritos College)

Jerry Kernes (ULV)

Joseph Dadourian (BHC, Del Amo Hospital)

Julie Jackson (Mount St Mary's) Kaleb Jensen (Insight Collective) Kendra Bailey (Guidance Center) Krista Freece (Kaiser) Lidia Michel (Help Group)

Marjorie Graham Howard (Azusa Pacific Univ)

Michele Shepherd (SFVCMHC)

Mimi Curtis (Tarzana Treatment Center)

Nancy Crawford (Biola Univ) Priscilla Barajas (Help Group)

Rebecca Romberger (Whitter College)

Robert Pate (Cal Baptist)

Roseann Martinez (Pacific Clinics)

Sean Love (Fuller)

Valeria Romero (Pacific Clinics)

Veronica Reguiero (Loma Linda Univ Hosp) Yolanda Cespedes-Knadle (CSPP/Alliant)

I. Approval of Minutes.

- a. Review of minutes from 03/02/2020.
- b. Motion to approve by Jerry Kernes, seconded by Rebecca Romberger Minutes approved.

II. Old Business

- a. Focus on UND procedures for 2020
 - i. Progress Report
 - -Generally, all noted went well ("very smooth, organized well"). Fuller noted has 1 student remaining that needs placement.

b. DMH Waiver

- i. No updates (no DMH representative at this mtg). Giselle reported Didi Hirsch continuing to apply for waiver until receive notice otherwise in writing from DMH. Help Group confirmed same practice.
- ii. Mimi reported receiving following communication from Diane Guillory (DMH) regarding submitting waivers:

Most DMH staff are teleworking and are not yet allowed to return to the building so if you have it delivered it will not get processed until we are cleared to return to the building. I will send you another email with instructions of what to do.

III. New Business

- a. EMatch system
 - i. Updates
 - -Robert confirmed SCAPTP was able to obtain the discounted rate of \$1500 for setup of PracticumFit.
 - -SCAPTP has selected to have PracitcumFit facilitate the matching. The application process will be done outside of PracticumFit. Also, finalizing details to ensure they can host SCAPTP.org website.
 - -Kendra to send details about current hosting to Robert/Giselle to coordinate transfer to PracticumFit.
 - ii. Site Administrator
 - -Reviewed Job Description (no edits recommended at this time)
 - iii. Fees/Dues

Reminder that Dues Cycle is June 1-May 31

Dues of \$100 (\$25 + \$75 for eMatch) are now due (deadline 07/31).

To renew/apply for membership, please submit \$100 check and Practicum Agency Information Sheet. Lastly, please email LaTonya at latonya.wood@pepperdine.edu to notify her that the check is officially in the mail as she is not yet back on campus due to COVID precautions.

LaTonya will be updating general invoice on the SCAPTP website (https://www.scaptp.org/documents) to reflect updated dates and fee amount. If your agency/school needs an invoice number, please contact LaTonya and she can generate one for you.

Please make sure your Practicum Agency Information Sheet is updated. The form will be used to create Directory on PracticumFit.

b. COVID19

Robert and Giselle inquired what (if anything) sites and schools are doing different considering the COVID19 crisis. Robert noted he had read communication about some sites creating personal health waivers.

Mimi shared current setup at Tarzana is that have hybrid of staff in the office and working remote from home. Tarzana also paying hazard pay to staff and stipend to students. Tarzana is still discussing how setup will be for 2020-2021 students.

Marjorie noted that understands each site is limited by own legal counsel and working to balance how to provide services and concern about liability.

Robert shared link to explaining one university's approach to how students apply for in-person experiential learning (e.g., practicum) during times when social distancing is still in effect:

https://rede.ecu.edu/experiential-learning/

Giselle shared Didi Hirsch transitioned all students to telehealth.

Priscilla shared Help Group transitioned all students to telehealth.

Kaleb shared Insight Collective transitioned all students to telehealth, but with much limitation considering nature of assessments and neuropsyc testing (students observe, cannot administer).

Link shared for popular article Why Zoom Video Chats are So Exhausting:

<u>https://www.bbc.com/worklife/article/20200421-why-zoom-video-chats-are-so-exhausting</u>

Lidia shared has been using UCLA as resource for telehealth practices and that some developers (e.g., Pearsons) offering free resources online. Also, LAUSD has been a helpful resources in that they can provide laptops to students and those devices can also be used for telehealth.

Sean shared Fuller has established a Pandemic Planning Committee. Current Fuller students are to finish practicum trainings remote and for 2020-2021 students to be on site, in person. They will be identifying required measures/protocols to be in place for the training sites.

Giselle inquired how requirement for live observation being addressed?

Ideas shared: joining Zoom calls, co-therapy.

Veronica shared that currently no students at Loma Linda Univ Hospital on site, waiting for legal counsel to identify how to have students on site, if schools permit. Shared limitations of having students do telehealth services because of type of setting and scheduling.

Mimi also shared that Tarzana misses having students on site, not only to provide services to clients, but also support staff.

Joe reported BHC has already started meeting with incoming students to educate, encourage them to look at own comfort level, risks for self and family to decide how/if able to commit to in person training.

Marjorie reported that as of 06/01, LA county made changes to include student therapists as essential. Azusa looking at having students sign a waiver.

Robert reported Cal Baptist would like students on site, with precautions in place.

Mimi led discussion on importance of self care for training directors/supervisors.

Lidia shared APA's Clinician Support Collaborative (flier attached).

Kendra shared link to podcast of Brene Brown's interview with David Kessler "On Grief and Finding Meaning":

<u>https://brenebrown.com/podcast/david-kessler-and-brene-on-grief-and-finding-meaning/</u>

Next Meeting:
October 5, 2020 10am-12pm
Location: Mount Saint Mary's and Zoom Hybrid?